

LOOKING INWARD

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LOOKING OUTWARD

# MC3NEXT 



Discussion  
Gu'de

"E>:PEL"

01/28/18

## THE NEXT STEP FOR ME IS TO PURSUE HOLINESS AND GET RID OF SIN

### The Repeats (required)

Yes, they are the same, but *WE* change, so please discuss these with your group

- [Share the announcements (on FB thread) with your group]
- God is ALWAYS working! Sometimes we just need to keep our "antennae up", to be looking for it. Go around your group and share your God Moments of how you have seen God working, either in your life or in the life of another, over the past few weeks.
- Is there anything that you want to share that has stood out to you so far from the current Point series?

### The Review (optional)

Use this section only if you want to review for those who were not in the Point

- Have someone explain the Point in their own words.\*
- What object lesson or illustration was used to communicate the Point this week? How did this apply to the Point?\*
- Have someone read or summarize the main Bible passage/story from the Point (see "The References" section).
- How did this Bible passage teach the Point?\*

*\*someone who was in the Point may need to explain this*

## The Reenergizer (optional)

Use this question if you need to get your group talking

- Watch [tinyurl.com/mc3Next](https://tinyurl.com/mc3Next) [YouTube video—this link IS clickable].
- Which of these 5 things is the most annoying to you?

## The Reflection (required)

Discuss these to go deeper, *and more personal*, into applying the Point

- Read Hebrews 12:1. Consider only the race metaphor right now:
  - What benefit is it for a runner to “throw off” things that slow them down? How do runners do that today?
  - Why does a runner need to “run with endurance”?
- With that in mind, answer the same questions above, but *related to sin*.
- Read Hebrews 12:2-4. What can we learn from Jesus’ example here?
- Read 1 Peter 1:13-16. Holiness simply means “set apart for special use”. How does this describe God? How *could* this describe us?
- There are some steps that we can take to get rid of sin. Read & discuss these passages, then come up with 3 everyday examples for each one:
  - 1. *Read!* Psalm 119:9-11. What are 3 ways that we could do this?
  - 2. *Refocus!* Php. 4:8. What are 3 ways that we could do this?
  - 3. *Redirect!* 2 Cor. 10:5. What are 3 ways that we could do this?
  - 4. *Remove!* Matt. 5:29-30. What are 3 ways that we could do this?
- We are all sinners, and we all make mistakes (Rom. 3:23), which is why Jesus died in our place (Rom 5:8)! But obeying Jesus and pursuing holiness is for our own good! For this final week of “Looking Inward”, would you be willing to be vulnerable with your Pr’me and share which 1 of the 4 steps above do you most often fail?
- With that in mind, how can we pray for you to “run with endurance”?
- Close in prayer.

## The References

Main Passage: **Hebrews 12:1-4 (NLT)** \*selected verses, read full passage in Bible

...Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus... Think of all the hostility he endured from sinful people; then you won't become weary and give up...

**1 Peter 1:13-16 (NLT)** \*selected verses, read full passage in Bible

...But now you must be holy in everything you do, just as God who chose you is holy. For the Scriptures say, "You must be holy because I am holy."

**Psalms 119:9-11 (NIV)** \*selected verses, read full passage in Bible

...I have hidden your word in my heart that I might not sin against you.

**Philippians 4:8 (NIV)**

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

**2 Corinthians 10:5 (NIV)**

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

**Matthew 5:29-30 (NLT)**

So if your eye—even your good eye—causes you to lust, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. And if your hand—even your stronger hand—causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.