

AFTER GOD

#mc3afterGod **MC**³



Discussion
Gu'de

"AFTER REST"

10/21/18

WHEN YOU'RE AFTER GOD, YOU REST IN HIM IN THE MIDDLE OF YOUR DISASTER

The Repeats (required)

Yes, they are the same, but *WE* change, so please discuss these with your group

- [Share the announcements (on FB thread) with your group]
- God is ALWAYS working! Sometimes we just need to keep our "antennae up", to be looking for it. Go around your group and share your God Moments of how you have seen God working, either in your life or in the life of another.
- Is there anything that you want to share that has stood out to you so far from the current Point series?

The Review (optional)

Use this section only if you want to review for those who were not in the Point

- Have someone explain the Point in their own words.*
- What object lesson or illustration was used to communicate the Point this week? How did this apply to the Point?*
- Have someone read or summarize the main Bible passage/story from the Point (see "The References" section).
- How did this Bible passage teach the Point?*

**someone who was in the Point may need to explain this*

The Reenergizer (optional)

Use this question if you need to get your group talking

- Earthquake...Tornado...Tsunami...Hurricane. Which natural disaster is scariest to you, and why?

The Reflection (required)

Discuss these to go deeper, *and more personal*, into applying the Point

- [PLAN AHEAD: this section could take 20-30 mins. You may want to assign these passages ahead of time] In the Point this week, we covered about 10 years of David's life where he went through one "disaster" after another. Assign someone to read each of the following passages, then give everyone about 10 mins to read their passage to themselves. Come back together and have each person summarize their passage:
 - David Loses His Family & Friends –1 Samuel 19:1-18
 - David Loses His Place of Worship –1 Samuel 21:1-9
 - David Loses His Dignity –1 Samuel 21:10-15
 - David Loses His Comfort –1 Samuel 22:1-5; 23:1-29
 - David Loses His Selfishness –1 Samuel 24:1-22
 - David Loses His Rights –1 Samuel 25:1-35
 - David Loses His Selfishness...again! –1 Samuel 26:1-25
 - David Loses His Identity –1 Samuel 27:1-12; 29:1-11
 - David Loses His Supporters! –1 Samuel 30:1-20
- David wrote Psalm 57 in the middle of his disaster. *Slowly* read it then share what we can learn when it comes to facing our own disaster.*
 - *someone who was in the Point may be able to help with this
- Are you going through a "disaster" right now? What part of Psalm 57 do you need to follow to rest in God? [take time for people to share]
- No matter what your disaster may look like, they are all difficult in the moment. Close this time by praying and caring for each other.

The References

Main Passage: **Psalm 57:1-11 (NIV)**

*For the director of music. To the tune of "Do Not Destroy." Of David.
A miktam. When he had fled from Saul into the cave.*

Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed.

I cry out to God Most High, to God, who fulfills his purpose for me. He sends from heaven and saves me, rebuking those who hotly pursue me—God sends forth his love and his faithfulness.

I am in the midst of lions; I am forced to dwell among ravenous beasts—men whose teeth are spears and arrows, whose tongues are sharp swords.

Be exalted, O God, above the heavens; let your glory be over all the earth.

They spread a net for my feet—I was bowed down in distress. They dug a pit in my path— but they have fallen into it themselves.

My heart, O God, is steadfast, my heart is steadfast; I will sing and make music.

Awake, my soul! Awake, harp and lyre! I will awaken the dawn.

I will praise you, Lord, among the nations; I will sing of you among the peoples.

For great is your love, reaching to the heavens; your faithfulness reaches to the skies.

Be exalted, O God, above the heavens; let your glory be over all the earth.

1 Samuel 18-31 *too long to print, read full passages in Bible