



C1-Community • C2-Congregation • C3-Caring

"Build Up"

Week of 6/2/2013

The Point: REALating means we encourage at every opportunity

Ephesians 4:29

Discussion Generators

- .Read Ephesians 4:29. What are two things that stood out to you from this week's Point? (they can be silly, serious, stupid, or spiritual)
- .What do you think is the biggest struggle is for most people in relation to the point from Sunday?
- Let's discuss gossip in church circles. Do you think it is common in church families? How do you think people sometimes mask gossip to try to make it seems like it isn't gossip? **Read James 4:11&12.** How do you think these two verses apply to gossip and what do we do with that?
- Now for sarcasm. How do you feel about sarcasm personally? Why? Do you think sarcasm is okay all the time, sometimes, or never? Please explain. What is the risk with sarcasm? Read I Thessalonians 5:11. Do you think this verse applies to the risks of sarcasm? How if yes?
- .Read Hebrews 3:13. What do you think this verse means? Do you think it is challenging to follow through on this verse? Why or why not?

Discussion Generators

- .Do you or someone you know really struggle with offering up words of encouragement? Why do you think that is? What can we do to take steps to either change that personally or help someone else who struggles with that?
- .Why do you think building one another up especially as a church family is so important? How do you think Jesus felt about this? **Read John 13: 34 & 35.** What do you think Jesus was getting at with this commandment He gave to us? What do you think could be implied by verse 35 if we don't love one another?

Thinking Outside the Box

Time for practical application! Let's brainstorm together and build a list of ten different ways that we think we could encourage others. Once we build our list, we'll choose one from the ten that we will commit together as a group to follow through on this week. Our challenge will be to keep it real and authentic without making it feel forced or fake so let's keep that in mind as we list build.

As your Prime Group leader, I will take responsibility to check in with you all periodically over the next week to see how it is going. I will also post our list of ten on the MC3 Facebook timeline to share our ideas with our MC3 family, but I won't call out which one we are focused on. We'll let our actions reflect our focus. Now let's get to it. Who wants to be our scribe?

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Bible References

Ephesians 4:29 (NIV)

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

James 4:11 & 12 (NLT)

Don't speak evil against each other, dear brothers and sisters. If you criticize and judge each other, then you are criticizing and judging God's law. But your job is to obey the law, not to judge whether it applies to you. God alone, who gave the law, is the Judge. He alone has the power to save or to destroy. So what right do you have to judge your neighbor?

I Thessalonians 5:11 (MSG)

So speak encouraging words to one another. Build up hope so you'll all be together in this, no one left out, no one left behind. I know you're already doing this; just keep on doing it.

Hebrews 3:13 (NIV)

But encourage one another daily, as long as it is called "Today," so that none of you may be hardened by sin's deceitfulness.

John 13:34 & 35 (NLT)

So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other. Your love for one another will prove to the world that you are my disciples."

