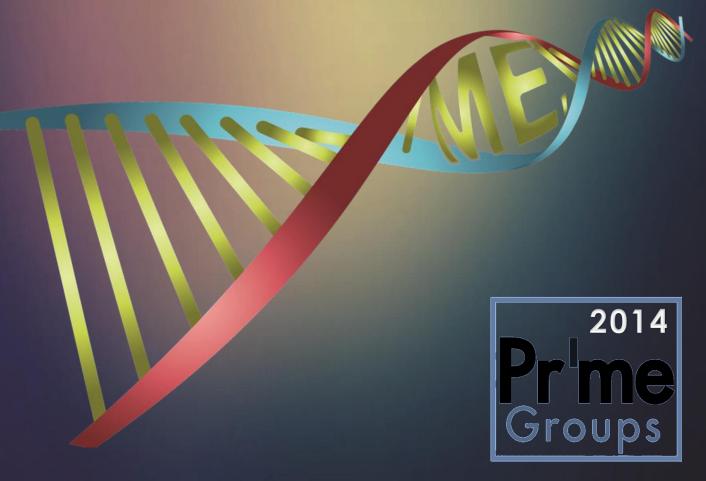
# forMEd



## ME Series- awsoME

The Point: You Matter.

Genesis 139:13-17

### **Discussion Generators**

- •What stood out to you from this week's Point? (they can be funny, serious, stupid, or spiritual)
- •Read Psalms 139:13-17. There are two directions for us to go this week on discussing the point "You Matter." Let's start with discussing who we are as individuals and why we matter. We are going to start the discussion with a pretty heavy question, but I think our transparency with one another will set the tone for our conversation, so here we go. What are your insecurities as an individual? ...or what are the scars or past decisions that haunt you and keep you from doing certain things in life?
- How do these insecurities, scars, and past decisions impact how you view yourself in God's eyes and His ability to use you?
- •Jenny made the statement on Sunday similar to this, "When we tell ourselves that we are worthless, we are listening to the lies of Satan." How do you feel about that statement and do you find that to be true? Why or why not? Why do you think Satan would want you to believe that you are worthless?
- •Read Matthew 10:28-31 & Colossians 1:15-17. We are known by God and that is very important to understand for us to be able to work through personal struggles with self image. Let's watch a video to broaden our minds further on this. (Leaders this is a fifteen minute video, so plan accordingly. Here is the link: <a href="http://tinyurl.com/MC3awesoME">http://tinyurl.com/MC3awesoME</a>

- •After watching that video, what are some of your thoughts on what Louie had to say in this video? Each of us were intricately designed and created with a purpose. Why is it important to know that we matter to God?
- •Knowing that you matter to God also means that others matter to God. Jenny mentioned on Sunday that she was judgmental towards her mom for years because her mom had an abortion when she was fourteen. There are certain sins/ decisions/ life choices that people find easy to judge others about, make fun of, and even disassociate with them because of it. Let's be real with one another. What are some of the things that you find yourself being quick to judge, make fun of, or avoid? Why do you think that comes so easy to us?
- •Jenny said, "It is difficult for the church to wrap their heart around everyone mattering." That is a powerful and sad statement that is too often true. We tend to be more open minded than some churches which may make us feel comfortable with where we are it in relation to this statement, but let me ask, how well do you do with this?
- •Read John 1:9-12. How percentage of human beings do you think have the ability to "believe in His name"? What "right" does verse 12 say God gives to those who believe in His name? How should could these verses impact our view on how we see ourselves individually and others mattering?

# Thinking Outside the Box

In the book of James, the apostle James talks about faith without action being dead. How do you think that you can put this week's point into action? Do you need to address a self image issue with God ...or maybe you need to address an image of others that is keeping you from truly loving God and having a healthier self image. What do you think?

#### **Bible Verses**

# Psalm 139:13-17 (NIV)

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be. How precious to me are your thoughts, God! How vast is the sum of them!

# Matthew 10:28-31 (NIV)

Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father's care. And even the very hairs of your head are all numbered. So don't be afraid; you are worth more than many sparrows.

## Colossians 1:15-17 (NIV)

The Son is the image of the invisible God, the firstborn over all creation. For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. He is before all things, and in him all things hold together.

# John 1:9-12 (NIV)

The true light that gives light to everyone was coming into the world. He was in the world, and though the world was made through him, the world did not recognize him. He came to that which was his own, but his own did not receive him. Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God—