



MORE

REAL RELATIONSHIPS

#MOREREALRELATIONSHIPS



“LIGHTEN UP”

The Point: REALating Means We Believe the Best (Not Assume the Worst)

Don't forget to make the announcements to your group this week!

Discussion Generators

- What has stood out to you so far from the **More REALationships** Point series?
- Read 1 Peter 4:8-11.** How does last week's verse apply to this week's Point?
- Without giving names or directing it at someone, go around the room and share a time when either you or another person failed to meet expectations (seriously, please be sensitive here).
- How does it make you feel when people don't meet your expectations?
- Why do you think we feel that way?
- In Sunday's video, Andy Stanley said that "when there are gaps between what we expect people to do and what they actually do, we can either believe the best or assume the worst". Be honest: which to you tend to do?
- Why do you think that is?

- Have you ever assumed the worst and it caused even more relationship conflicts?
- Please share (with sensitivity, of course).

- Are there people in your immediate social circles (family, friends, church, co-workers, etc.), that you have a difficult time trusting?
- Is this your issue, or theirs?
- What can you do about your part?

•**Read 1 John 4:11.** How does God's love for us influence our need to "believe the best" about others?

- Do you feel that you are worthy for God to "believe the best" about you?
- Why or why not?

- Who do you sense has a difficult time trusting you?
- Why?
- What can you do about it?

•For the most part, I think that we agree with the *idea* of "believing the best", but this isn't our "default" attitude. Take a moment to brainstorm: as a group, list some practical ways that you can remember to "believe the best" about those around you.

Bible Verses

1 Peter 4:8-11 (NIV)

Above all, love each other deeply, because love covers over a multitude of sins. Offer hospitality to one another without grumbling. Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen..

1 John 4:11(NIV)

Dear friends, since God so loved us, we also ought to love one another.