

ON THE ROAD TO REAL



STEP UP!

**REAL**ATIONSHIPS



**C1-Community** ■ **C2-Congregation** ■ **C3-Caring**

The Point: *REALating means we work for the growth of others*

Hebrews 10:24

***(DON'T FORGET TO READ EPHESIANS 4 THIS WEEK!)***

### Discussion Generators

- .Read Hebrews 10:24.** What are two things that stood out to you from this week's Point? (they can be silly, serious, stupid, or spiritual)
- .Read Romans 14:13.** What do you think is meant here with the phrase stumbling block? Name ways that we can cause others to stumble or be an obstacle for them in their faith. Why would none of these be healthy for them, ourselves, and the church family?
- .Read Ephesians 4:12-14.** Paul is talking about believers using their spiritual gifts in ministry to God and others. Why do you think it is important for individuals to use the gifts that God has given them? What does Paul go on to say that all Christians should be aspiring to? How do you think that ties in with this week's point?
- .Read Proverbs 27:17 and then re-read Hebrews 10:24.** How do these two verses go hand in hand? What could that look like?

## Thinking Outside the Box

Let's spend time on that last question, "What could that look like?" We'll start by giving an example and then we can brainstorm together!

So can anyone tell me what it means to "fraddle"? Probably not. This is a term that was coined by a Christian mom that writes her own blog to encourage other mothers. Let's look at the story behind "fraddle".

<http://tinyurl.com/MC3Fraddle1>

Now that we all understand what it means to "fraddle" let's read one of her blogs to learn about "Fraddling Fridays" and just one example of how this mom is thinking outside the box to be intentional!

<http://tinyurl.com/MC3Fraddle2>

What do you think this mom's blog has to do with our point for this week?

Now let's do some thinking outside the box ourselves and make a list of different ways that we know we can do to be intentional about "spurring" one another on. Don't forget to think about this from a perspective of how we can, as Hebrews 10:24 says, "motivate others to acts of love and good works." After we brainstorm let's throw out some ideas on how we can hold one another to doing this and begin "fraddling" right here and now!

**Fraddle**: The act or an instance of doing something for or with someone because you love them.

1 John 3:18 "Dear children, let us not love with words or speech but with actions and in truth."

### **Hebrews 10:24 (NLT)**

Let us think of ways to motivate one another to acts of love and good works.

### **Romans 14:13 (NIV)**

Therefore let us stop passing judgment on one another. Instead, make up your mind not to put any stumbling block or obstacle in the way of a brother or sister.

### **Ephesians 4:12-14 (NLT)**

Their responsibility is to equip God's people to do his work and build up the church, the body of Christ. This will continue until we all come to such unity in our faith and knowledge of God's Son that we will be mature in the Lord, measuring up to the full and complete standard of Christ. Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth.

### **Proverbs 27:17 (NLT)**

As iron sharpens iron, so a friend sharpens a friend.

### **I John 3:18 (CEV)**

Children, you show love for others by truly helping them, and not merely by talking about it.

