# BROTHERS AND SISTERS

I've got your back





Discussion
Gu'de

"ONE UP"
10/13/19

# Brothers and sisters pick each other up

#### The Repeats (required)

They are the same, but WE change, so please discuss these with your group

- [Share the announcements (on FB thread) with your group]
- At mc3, God Moments are a chance for us to be intentional about noticing what God is doing in our lives—try to use your week to notice these moments to share in Pr'me. Go around your group and share your God Moments: how have you seen God working, either in your life or in the life of another over the past week?
- Is there anything that you want to share that has stood out to you so far from the current Point series?

#### The Review (optional)

Use this section only if you want to review for those who were not in the Point

- Have someone explain the Point in their own words.\*
- •What object lesson or illustration was used to communicate the Point this week? How did this apply to the Point?\*
- Have someone read or summarize the main Bible passage/story from the Point (see "The References" section).
- How did this Bible passage teach the Point?\*

\*someone who was in the Point may need to explain this

# The Reenergizer (optional) Use this question if you need to get your group talking

 Would you rather be responsible to pick up: roadkill on the highway in August OR rotten food from a month-broken restaurant cooler?

#### The Reflection (required)

Discuss these to go deeper, and more personal, into applying the Point

- What does it mean to "pick each other up"?
- Do you think our culture is becoming more "pick up"-oriented (grace) or "hold down"-oriented (shame/judgment)? Why?
- How have these values affected your thinking and actions?
- When it comes to picking our brothers and sisters up:
  - The Process Does Matter Galatians 6:1a
    - Why is the process important?
  - The Pain Doesn't Matter Galatians 6:1b-2
    - In what ways does pain prevent people from picking others up?
  - Your Position Doesn't Matter Galatians 6:3-4
    - How can our view of ourselves get in the way?
  - Your Part Does Matter Galatians 6:5
    - Why is it important for each of us to play a part in this?
- Discuss based on the 5-step restoration process below: What do each of these steps mean? Why is each step important?
  - 1. Check Yourself! Romans 3:22-24; Romans 7:24-25a
  - 2. Pull Aside! Matthew 18:15-17
  - 3. Tell The Truth! Ephesians 4:15 & 25
  - 4. Pick Them Up! John 8:[1-]11
  - 5. Push Them On! Hebrews 3:12-13
- Which step in this process do you find most difficult? Why?
- Is there a Brother or Sister that you need to "pick up"? (Don't share their name, just a yes or no.) Pray for these people.

#### The References

#### Main Passage: Galatians 5:1-5 (NET)

Brothers and sisters, if a person is discovered in some sin, you who are spiritual restore such a person in a spirit of gentleness. Pay close attention to yourselves, so that you are not tempted too. <u>Carry ONE another's burdens</u>, and in this way you will fulfill the law of Christ. For if anyone thinks he is something when he is nothing, he deceives himself. Let each one examine his own work. Then he can take pride in himself and not compare himself with someone else. For each one will carry his own load.

### Romans 3:22-24 (NLT)\*selected verses, read full passage in Bible

For everyone has sinned; we all fall short of God's glorious standard.

#### Romans 7:24-25a (NLT)

Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord.

# Matthew 18:15-17 (NLT)\*selected verses, read full passage in Bible

If another believer sins against you, go privately and point out the offense...

## Ephesians 4:15 & 25 (NLT)\*selected verses, read full passage in Bible

Instead, we will <u>speak the truth in love</u>, growing in every way more and more like Christ, who is the head of his body, the church... ... So <u>stop telling lies</u>. Let us <u>tell our neighbors the truth</u>...

#### <u>John 11:[1-]11 (NIV)</u>

"Then <u>neither do I condemn you</u>," Jesus declared. "<u>Go now and leave</u> <u>your life of sin</u>."

# Hebrews 3:12-13 (NIV)\*selected verses, read full passage in Bible

...But <u>encourage one another daily</u>, as long as it is called "Today," so that none of you may be hardened by sin's deceitfulness.